

“Gandhi’s Legacy Talks & Community Dialogue” Series

(Schedule here)

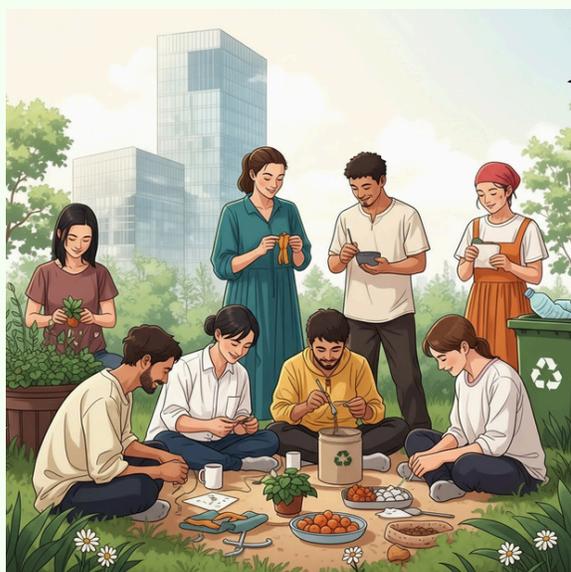
Speaker: Kameshwar Mishra, CPA

Topic: Simplicity in a Material World... The Joy of Non-Possession (Aparigraha)

Saturday, November 8, 2025 (3:00 – 5:30 PM)

Admission FREE. Register at: <https://gandhiji.ca/2025-11-08>

**VENUE: Minto Recreation Complex (2nd flr, Cambrian Room),
3500 Cambrian Rd, Barrhaven (Greenbank Rd & Cambrian Rd) ([Map](#))**



Joy of Simple Lifestyle

About the Session: Gandhiji once said: “*There is enough for everyone’s need but not for anyone’s greed.*” And this indeed is very true and have stood the test of time. Greed leads to *parigraha* (“hoarding”), which is the root cause of miseries of self, community, nation, and the world.

Aparigraha (opposite of ‘*parigraha*’) has both literal and symbolic meanings. Does it only imply that *aparigraha* of gold, silver, dollar and tangible things will give us joy? Is having material wealth bad and the cause of our miseries? What complicates our life and how do we simplify it?

Do I have all the answers? Do you have the answers? May be neither of us have the answers! **But together we can find the answers. Let us have a conversation...**

About the Session Leader: Kamesh Mishra is a Chartered Professional Accountant. He also studied Law. He previously worked for Eastern and Southern African Trade and Development Bank, KPMG and E&Y. However, he started his career in manufacturing, managing one of the largest textile and steel conglomerates of East Africa. He has travelled extensively in Africa and Asia.

Kamesh is a Paul Harris Fellow of Rotary Foundation and has served Rotary as President, and Assistant Governor among other strategic positions. He was awarded Best President for his year as President of Rotaract Club of Bombay Uptown. He is the recipient of several leadership awards.

Kamesh also served as Chair of Indo-Canada Ottawa Business Chamber (ICOBC). He is currently serving as Chair of the Board of Directors of Ottawa Community Loan Fund (OCLF).

When not advising on business matters, Kamesh indulges in poetry. He writes on a vast range of subjects. Adhar ke Kan (pearl of lips) is a collection of his selected poems. He writes in multiple languages. He is currently working on his book “A Confused Realization”. Kamesh has delivered lectures at different Rotary conferences on religion, peace, development and human relations.

