



LIVING GANDHI'S LEGACY (Monthly Talks & Community Dialog)

Gandhi's Teachings: A Pathway to Personal and Social Transformation.

The Session Leaders are speakers from different walks of life in the community and inspired by Gandhi's philosophy. They will:

- Provide a thoughtful and engaging presentation (35-45 minutes) on the chosen topic, focusing on its practical applications and sharing stories, examples, and personal experiences to connect with and engage the audience; and
- Facilitate Q&A / community dialog, encouraging participants to reflect and share insights.

SCHEDULE & SESSION TOPICS

The topics are related to, and meant to promote, Gandhi's Principles and Values

[Click Date
to Register]

Feb 15 Fearlessness: Overcoming Personal and Social Challenges... Courage in Action: Living Without Fear (Abhaya) ([About](#))

Mar 16 Truth as a Way of Life... Living Authentically in a Complex World ([About](#))

Apr 27 Food and Mindful Living... Control of the Palate (Asvada) for Health and Balance ([About](#))

May 31 Personal Peace and Inner Harmony... Meditation and Reflection] ([About](#))

Jun 15 Non-Violence: A Path to Conflict Resolution... Transforming Aggression into Understanding ([About](#))

Jul 26 The Power of Equality of Religions (Faiths)... Embracing Diversity: The Strength of Unity in Faith ([About](#))

Sep 27 Environmental Sustainability... Living in Harmony with Nature ([About](#))

Oct 18 The Legacy of Gandhi in the Modern World... Gandhi's Relevance in the 21st Century ([About](#))

Nov 08 Simplicity in a Material World... The Joy of Non-Possession (Aparigraha) ([About](#))

Dec 13 Community Leadership – Leading with Gandhi's Values: Empowering Communities Through Truth, Non-Violence, and Inclusivity ([About](#))

TBD The Ripple Effect of Kindness... Acts of Kindness as Catalysts for Change ([About](#))

For More Information, please visit: <https://gandhiji.ca/gandhis-legacy-talks>



*Join Us in
Inspiring
Change*

This series aims to bring Gandhi's vision to life, one conversation at a time.
Let us help Ottawa embrace the transformative power of Gandhi's principles.
Gandhi once said, "Be the change you wish to see in the world."